

NAME: _____

HOUR: _____

STUDY HABITS SELF ASSESSMENT

- T/F 1. I thoroughly read the chapter assignments before coming to class.
- T/F 2. I do a pretest available online on the weblinks page of our class website before the chapter is presented.
- T/F 3. I create an outline of the chapter as I read.
- T/F 4. I compare my original outline with the teacher's outline.
- T/F 5. I underline or highlight passages I think are important.
- T/F 6. I mark things I do not understand with question marks.
- T/F 7. I make sure I understand the figures and tables presented in the text.
- T/F 8. I make sure I ask questions about everything I do not understand.
- T/F 9. I visit my teacher before or after class to ask questions and get clarification.
- T/F 10. I complete (in writing) the chapter's study guide.
- T/F 11. I complete (in writing) full essay answers when assigned.
- T/F 12. I ask my teacher for feedback on my assignments.
- T/F 13. I complete the chapter's study guide/learning objectives and feel confident about the present chapter before the next one begins.
- T/F 14. I go online and use our class website to help me study.
- T/F 15. I attend every class.
- T/F 16. I pay full attention in class.
- T/F 17. I take thorough notes from lecture material.
- T/F 18. I ask questions in class and participate.
- T/F 19. I review my notes soon after class, marking things that are unclear, things that I missed, or things that seem incomplete.
- T/F 20. I go online and take a practice test associated with the chapter we just learned before the test.
- T/F 21. I retake the online quizzes until I get 100% or I look up the answers to the ones I've missed to understand why I got them wrong.
- T/F 22. I reread the chapter again before the exam.
- T/F 23. I use memory techniques like drawing pictures to accompany notes, mnemonic devices, metaphors, and acronyms to help me remember my notes.
- T/F 24. I distribute my studying over many days rather than doing cram (long) study sessions the night before.
- T/F 25. I come to class the day before a test with questions over sections I still do not feel comfortable with.
- T/F 26. I do all of the extra credit when it is made available.
- T/F 27. I force myself have a more positive attitude when I find myself not liking the class.
- T/F 28. I honestly put enough time and effort into this course.

The three points from above that I think are most important and that are going to help me the most are...

- 1.
- 2.
- 3.

I'm going to make a conscious effort to do at least these three things...

- 1.
- 2.
- 3.